

Gourmet Dishes

	Lunch	Dinner
Add a side of House Salad \$3.00		
New York Strip or Rib Eye Steak A 10oz of fresh steak seasoned and grilled to perfection. Topped with Béarnaise sauce, served with herb red skin roasted potatoes and a side of house salad.	\$17.95	\$17.95
Chicken Piccata Classic Italian dish. Tender chicken cutlet flavored with delicate lemon-wine sauce. Served with homemade noodles and sautéed asparagus.	\$12.95	\$12.95
Chicken Paprikash Tender chicken cutlet cooked in our carrot-onion wine sauce, served over Naslada's homemade noodles.	\$12.95	\$12.95
Stuffed Peppers Classic Bulgarian recipe of bell pepper stuffed with seasoned mixture of ground beef, rice, and vegetables. Topped with parmesan cheese sauce.	\$9.95	\$9.95
Vegetarian Pasta "Rasta" Delicious sauce of fresh portabella, spinach, tomatoes in garlic-alfredo sauce. Served over our own homemade pasta. Sprinkled with shredded Parmesan-Asiago cheese. Add grilled chicken strips for \$3.00.	\$9.95	\$11.95
Mousaka Homemade casserole of savory blend of ground beef, potatoes, zucchini, eggplant, carrots and onion, topped with golden brown soufflé. A popular family-style meal from the Mediterranean region.	\$9.95	\$11.95
Old Fashioned Pork Kavarma Grilled strips of pork loin carefully seasoned with cayenne pepper, mixed with green peppers, leeks, onion, tomatoes, marinated in wine sauce.	\$9.95	\$11.95
Beef Goulash Stroganoff A German recipe of beef sirloin cooked with leeks, mushrooms, onion, and sour cream. Served over homemade wide noodles.	\$9.95	\$11.95

European Wines: Carryout

"If food is the body of good living, wine is its soul." ~ Clifton Fadiman

We carry an exclusive selection of "Old World" wines not available anywhere else in BG. Some of the importing countries include: Bulgaria, Spain, France, Germany, Italy, Greece, & Hungary. These wines hold their qualities longer after opening and exceed most expectations.

Imported Goods

Stop by our store and browse imported European foods, chocolates, and juices.

At Naslada Bistro we take pride in using only the freshest ingredients to prepare authentic European cuisine, and to promote excellent healthy meal choices. Homemade meals with no preservatives and unique signature soups are our delicatessen specialty. We honor your need for gourmet quality at reasonable prices.

Business Hours:

Monday - Thursday, 11am - 3pm, 5pm - 9pm

Friday—Saturday: 11am - 9pm

Sunday open only for reserved private parties.

We appreciate your patronage as part of our dream and we honor the opportunity to serve you!

Hours and prices are subject to change

182 S. Main Street
Downtown Bowling Green



A True European Dining Experience



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Appetizers

Six Grape Leaves— meat or vegetarian	\$6.95
Bruschetta	\$6.95
Seasoned Feta on the Grill	\$6.95
Layered Tomato	\$5.95
Czech Rolls	\$4.95
Spinach Pie	\$4.95

NEW! Organic Menu

Meats & eggs for the organic menu are supplied by Omega Meats Farm in Grand Rapids, OH. Vegetables are supplied by various local farms and stores.

Beef in Clay Pot	\$23.95
Slow roasted grass-fed beef with carrots, onions, and mini Bella mushrooms in our special tomato-wine sauce. Served with rice pilaf. Enough to share!	
Drunken Chicken	\$19.95
Golden baked organic-fed quarter chicken slowly roasted to perfection with beer flavored baby potatoes. Enough to share!	
Vegetarian Gyuvech in Clay Pot	\$14.95
Organic fresh tomatoes, green peppers, red onion, mini Bella mushrooms, Bulgarian Feta cheese, and 2 Omega-3 eggs.	

Signature Soups

Homemade soups made from scratch daily.
Served until gone. Cup \$2.95 Bowl \$3.95

Chicken Noodle
Mini Meatballs
French Onion
Naslada's Chili (Voted 1st Place, Winterfest 2010)
Lentil (Vegetarian)
Creamy Potato Leak (Vegetarian)
Garden Tomato (Vegetarian)
Monastery Bean (Vegetarian)
Soups to go 12oz...\$3.95 16 oz...\$4.95

Salads

NEW! Caprese Salad	\$8.95
Layered temptation of vine-ripe tomatoes, fresh mozzarella slices, and fresh basil leaves, drizzled with Garlic Expression® dressing.	
Gourmet Fruit & Nut Dinner Salad	\$8.95
Tuscan Chicken Dinner Salad	\$8.95
House Special Salad	\$5.95
Shopska Salad	\$5.95
Monastery Salad	\$5.95
Russian Potato Salad (Olivie)	\$4.95
Cucumber Salad	\$4.95

Grill

Served with risotto rice & multigrain roll

Two Chicken Shish Kabobs	\$12.95
Two Vegetarian Shish Kabobs	\$12.95

Desserts

Cake Style Baklava	\$3.95
Sweet layered delight with walnuts and syrup. Traditional Bulgarian dessert.	
Apple Strudel	\$3.95
Homemade pastry made with fresh apples and walnuts. Served with vanilla ice cream.	
French Crepes Flambé	\$3.95
Apricot, strawberry or chocolate crepes flambéed in light rum syrup.	

Beverages

In addition to our Pepsi fountain drinks, our special beverages include:	
Turkish Coffee- smooth and rich	\$2.50
Imported Fruit juice (33.8oz)	\$3.95
Fresh-brewed Iced Tea	\$1.75

Sandwiches

NEW! Vegetarismo Panini	\$6.95
Pesto flavored Italian Ciabata bread topped with delicious tomato slices, fresh mozzarella cheese, roasted red peppers and fresh spinach.	
NEW! Turkey Pastrami Panini	\$6.95
Tasty turkey pastrami, topped with caramelized onions, and melted Swiss cheese. Drizzled with homemade Russian dressing, served on Jewish Rye bread.	
Chicken Fajita Panini	\$6.95
Old Fashioned Italian bread, fajita chicken, roasted red peppers, country style mozzarella cheese and basil pesto.	
Tuna Melt Panini	\$6.95
Albacore Tuna on crusty grain bread brushed with olive oil, topped with fresh tomatoes, dill pickles and Swiss cheese.	
Prosciutto Havarti Panini	\$6.95
Prosciutto boneless ham, thinly sliced, topped with havarti cheese and roasted red peppers flavored with garden vegetable cream cheese on Italian Ciabata bread.	
Turkey Panini	\$6.95
Crusty grain bread, deli turkey, Swiss cheese, tomatoes, red onion and light mayo.	
Portabella Panini	\$6.95
Crusty grain bread, portabella mushrooms, roasted red peppers, country mozzarella cheese, Bulgarian Feta cheese, tomatoes, red onion & olive oil.	
Italian Panini	\$6.95
Deli ham, hard salami, Swiss cheese, tomatoes, red onion, and Italian dressing on old fashioned bread.	

Combos

Lunch Panini Combo	\$7.95
Includes a half of Panini, cup of soup or a salad, and a drink.	
Soup & Salad Lunch Combo	\$8.95
Includes a personal salad of your choice, bowl of soup and a multigrain roll.	
Dinner Sandwich Combo	\$9.95
Includes a whole sandwich & a cup of soup or a salad.	